BUILD goes Virtual!!
Out of School time learning
BUILD (Broader Urban Involvement & Leadership Development) is one of Chicago's leading gang intervention, violence prevention, and youth development organizations. Our mission is to engage at-risk youth in schools and on the streets to help them realize their potential and contribute to our communities. We focus on hard-to-serve youth in some of Chicago’s most challenging neighborhoods.

Since 1969, BUILD has helped thousands of young people transform their lives, and today reaches over 6500 youth and families annually with caring adult mentors and a rich variety of experiences in the arts, athletics, college & career preparation, entrepreneurship, leadership development, technology and mental health programming. Our model blends the best practices of restorative justice, conflict mediation, prevention, development, and behavioral health, and is designated an evidence-based Effective Program by the US Dept. of Justice.
Our Impact

BUILD gets results. Regular program participants show increases in all of the following:

- Deterred/decreased negative behaviors
- Increased prosocial behaviors
- Social mobility
- Post-secondary success
- Civic activism
COVID-19 Changes our scope of service.

As the COVID-19 crisis deepens and we figure out how to continue our work in this new reality, BUILD has been returning to our core values: empathy, persistence, innovation, and passion.

This pandemic has driven us to find new ways to connect with our community: reassuring our young people that we are still here, creating virtual spaces that help them still feel loved, supported, and safe.
Our virtual platform

At Phillips Academy: 21st CCLC

We have been in constant contact with our youth through GroupMe, Instagram and Zoom. We've created a weekly format where our youth engages with us. For example, we asked our youth, “What does after school programming mean for you?” and a few shared a video response--and we then posted it onto our Instagram page. Our youth got a chance to not only post their thoughts, but were able to engage with their peers as well.

We've also established a virtual drop-in time, through Zoom, every afternoon. During this time, our youth learn how to create healthy meals, learn how to clear their minds through meditation, and exercise! Many of our youth struggle with the fate of their senior year and our juniors are concerned as well. Our attention, using this virtual platform, focuses on support as a means of distraction from the stresses and fears this pandemic. We use these platforms to give our youth a safe space to freely express themselves and their concerns, as well as update them on information as we receive it.
Our virtual platforms, continued.

Our Teen Reach & DFSS Programs:

We have been in constant contact with our youth via FaceTime, emails, texts, phone calls and Zoom. We’ve created Instagram pages, that we dub “InstaHubs”, where we interact with our youth through videos and posts about the question of the day.

Our posts and videos include current events, updates on COVID-19, updates on programming, D.I.Y lessons, and simple words of encouragement.

During our virtual drop-in’s, via Zoom, we begin the first hour with a new topic and use the other hour to let youth express themselves and their feelings. Each day is different and engaging! We’ve found that our parents enjoy the virtual out-of-school time as well.
This week’s programming

**MON: Fun Trivia**
Meeting ID: 5225507195
Start @ 4PM

**TUE: Easter Bunny Art**
Meeting ID: 125 533 182
Password: 001604

**WED: Facial Self Care**
Meeting ID: 305 245 5240
Password: B5100

**THU: Q and A Leopard Gecko**
Meeting ID: 528 396 1462
Password: 279640

**FRI: Gamer Drop In**
Meeting ID: 660 335 872
Password: 084100
# Our Virtual Lesson Plan template

<table>
<thead>
<tr>
<th>Grade</th>
<th>Focus</th>
<th>Content Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th - 12th</td>
<td>Physical, Mental and Emotional Health</td>
<td>PE</td>
</tr>
</tbody>
</table>

## STANDARDS:

22.A.3b IDENTIFY HOW POSITIVE HEALTH PRACTICES AND RELEVANT HEALTH CARE CAN HELP REDUCE HEALTH RISKS (E.G., PROPER DIET AND EXERCISE REDUCE RISKS OF CANCER AND HEART DISEASE).

Youth will come together on this creative platform and work out in unity. We want youth to experience different outlets to let out steam, stay healthy and to stay active during this pandemic.

## OUTCOMES:

Youth are able to process their emotions and verbalize their concerns. Youth are engaged and active.

Youth will engage in a series of different exercises, stretches and more.

## MATERIALS NEEDED:

Youth will be able to support one another during this time and youth will continue to stay engaged so that we are able to check in on their progress and or state of mind during these times.
Follow BUILD on all social media platforms

BUILD Podcast: https://buildradio.blubrry.net/

On Instagram: buildchicago

On Facebook: BUILD Chicago

On Twitter: @buildchicago