



COMBATting HUNGER IN OUT-OF-SCHOOL TIME (OST) RESOURCE GUIDE

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ACTNOW
Afterschool for Children & Teens

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WELCOME TO THE COMBATTING HUNGER RESOURCE GUIDE

Welcome to the Combatting Hunger Resource Guide for afterschool and summer programs! This guide is here to help organizers like you, who run programs when school's out, understand and tackle the problem of **hunger among young people**.

Hunger is a big problem for many kids in the country. It can seriously affect their health, ability to learn, and how well they do in school. When school is not in session, like during afterschool and summer breaks, some kids don't have enough to eat. This can make it tough for them to do their best and grow up healthy.

This guide will show you how hunger impacts children and how **important federal programs** like the Child and Adult Care Food Program (CACFP), National School Lunch Program (NSLP), Summer Food Service Program (SFSP), and the Seamless Summer Option (SSO) are in fighting hunger. We'll also look at the role of Supplemental Nutrition Assistance Program Education (SNAP-Ed) during out-of-school time.

In each section, you'll find detailed info about who can use these programs, what kind of meals they provide, how to apply, and other important things to know. This will help you understand **how to get the funding and resources** you need to feed the kids in your afterschool and summer programs.

Remember, when we feed kids during these times, **we're not just giving them food. We're helping them grow, learn, and succeed in life.** Our efforts will make kids healthier, more involved, and more successful, and that's something we should all be proud of.

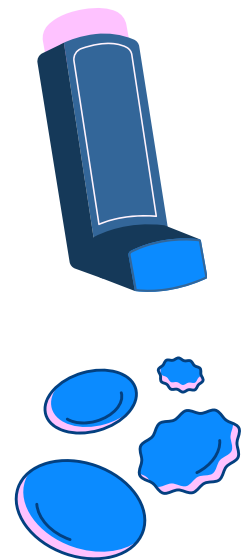
We want to thank all the organizations, policymakers, and people who work hard to make sure no child goes hungry. Your dedication makes a big difference in the lives of millions of kids.

Let's team up to make a better future for our children and fight hunger during out-of-school times. We hope this guide helps you provide food, support, and opportunities for the kids you care for. **Thank you for your commitment to this important cause.**



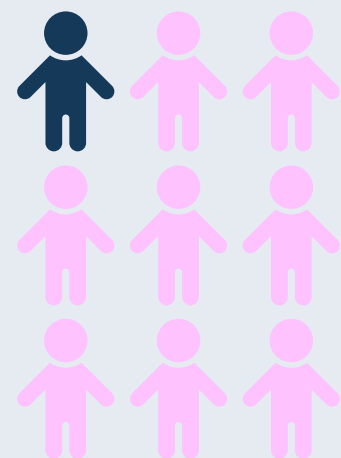
IMPACT OF HUNGER ON CHILDREN

Hunger has a significant impact on the development of children. Youth facing hunger encounter **higher risks of health conditions** like anemia and asthma and are **more likely to face serious illness or hospitalization**. Children who miss meals are positioned to repeat a grade in elementary school, suffer from developmental impairments, and exhibit social or behavioral issues. Hunger is also an **intersectional** issue, as Black and Latino children are more likely to face food insecurity. According to the USDA, in 2021, 22% of Black children and 18.5% of Latino children were food insecure. In 2021 in the United States, an estimated **9 million children** suffered from food insecurity.



FOOD INSECURITY IN ILLINOIS

In Illinois, an estimated 1,052,040 people are facing hunger, 323,740 of which are children. This means that **1 in 9 children** in Illinois are suffering from food insecurity. 38.3% of household in Illinois which receive SNAP benefits are household with children. The following resources and programs are designed to help combat childhood hunger.

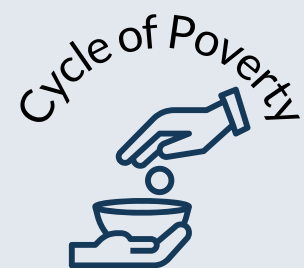


IMPACT OF HUNGER ON CHILDREN

EFFECTS OF HUNGER

Hunger has far-reaching and detrimental effects on the **physical, mental, and emotional well-being** of children. As they go without adequate nutrition, their bodies and minds struggle to develop and function optimally.

Below are some of the significant impacts of hunger on children:



Funding Fast Facts

Afterschool Funding

Child and Adult Care Food Program (CACFP)

must be run by:

- a. a public or private non-profit organization;
- b. a school food authority (SFA); OR
- c. an eligible for-profit child care provider

provides reimbursement for:
afterschool snacks and meals

National School Lunch Program (NSLP)

must be run by:

- a. a school district; OR
- b. a school food authority (SFA) that serves lunch through NSLP

provides reimbursement for:
1 snack per child per school day

(see pg. 20)

Outside School Hours Care Component

provides meals for:

- a. children ages 3 through 12;
- b. children of migrant workers through age 15; AND
- c. disabled persons of any age as long as organization serves majority people ages 18 or under

provides reimbursement for:
2 meals AND 1 snack per child per day

(see pg. 05)

At-Risk Afterschool Component

provides meals for:

- a. children through age 18;
- b. children residing in emergency shelters; AND
- c. adults over the age of 60 or living with a disability and enrolled in day care facilities

provides reimbursement for:
1 meal AND 1 snack per child per day

(see pg. 12)



Funding Fast Facts

Summer Funding

Summer Food Service Program

may operate during:

- a. school vacations, primarily in the summer months (primarily May-September); AND
- b. emergency school closures (October-April)

provides meals for:

- a. children under the age of 18; AND
- b. people with disabilities of any age

provides reimbursement for:
out-of-school meals

(see pg. 29)

Seamless Summer Option

must be run by:

a School Food Authority (SFA) participating in the NSLP or School Breakfast Program

may operate during:

- a. school vacations of 10 or more days (May-September for traditional schools); AND
- b. unanticipated school closures (October-April)

provides meals for:

- a. students enrolled in high school and younger; AND
- b. people under 21 enrolled in residential child care

provides reimbursement for:
2 meals per child per day
(3 meals for camps/migrant sites)

(see pg. 32)



Other Funding

SNAP-Ed (see pg. 35)

funds programs that:

- a. improve health in low-income Illinois families to prevent chronic diseases;
- b. increase healthy food access for Illinois families to address food insecurity; AND
- c. foster community collaborations for obesity prevention

PROGRAMS FOR AFTERSCHOOL PROVIDERS FROM THE USDA FOOD AND NUTRITION SERVICE

The US Department of Agriculture (USDA) administers two federal child nutrition programs which can provide support for kids in afterschool settings: the **National School Lunch Program (NSLP)** and the **Child and Adult Care Food Program (CACFP)**.



Child and Adult Care Food Program (CACFP)

- can be administered by public or private non-profit organizations, eligible for-profit child care providers, or SFAs



snacks



meals



National School Lunch Program (NSLP)

- must be run by a school district or school food authority (SFA), and the SFA must serve lunches through the NSLP in order to receive support for afterschool programs

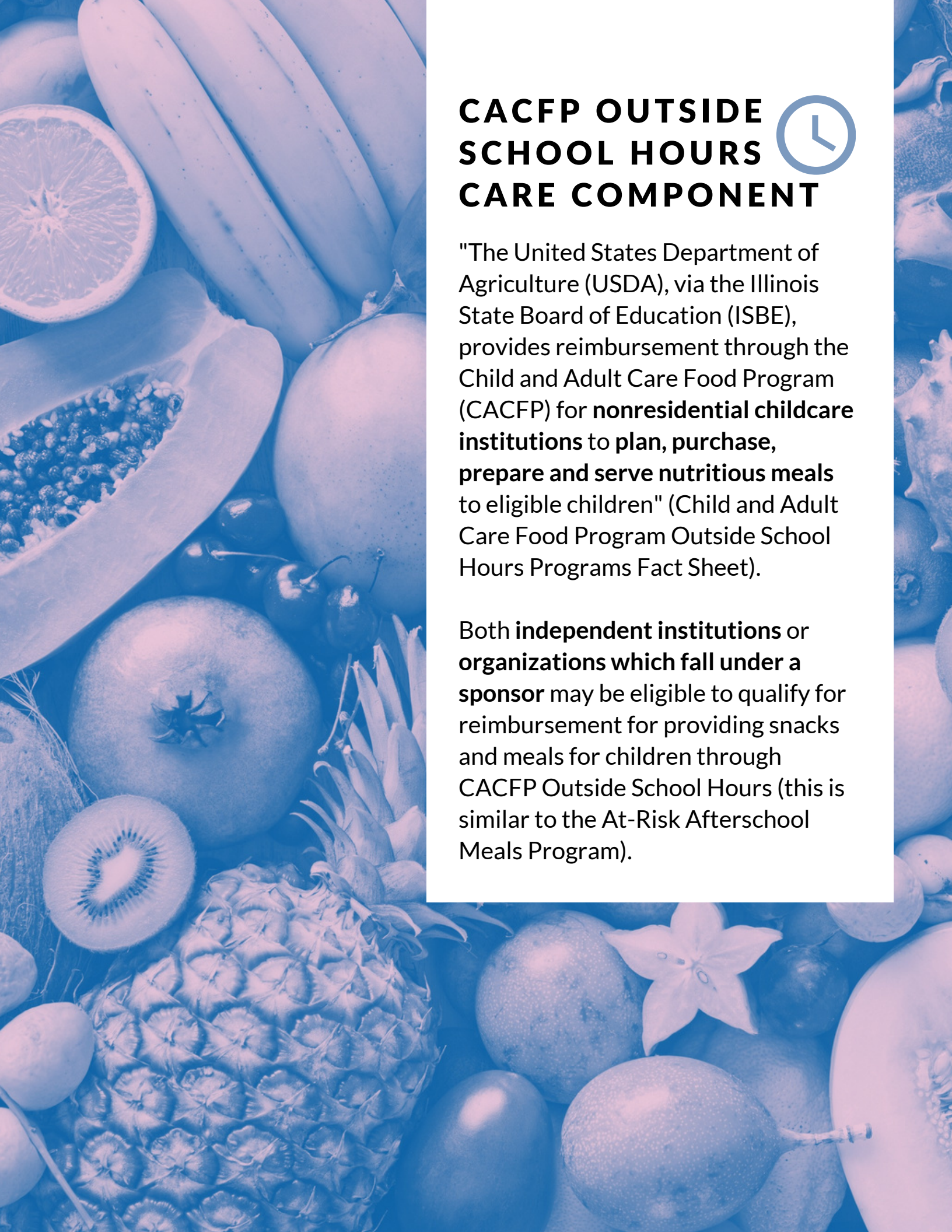


snacks



meals





CACFP OUTSIDE SCHOOL HOURS CARE COMPONENT

"The United States Department of Agriculture (USDA), via the Illinois State Board of Education (ISBE), provides reimbursement through the Child and Adult Care Food Program (CACFP) for **nonresidential childcare institutions to plan, purchase, prepare and serve nutritious meals** to eligible children" (Child and Adult Care Food Program Outside School Hours Programs Fact Sheet).

Both **independent institutions or organizations which fall under a sponsor** may be eligible to qualify for reimbursement for providing snacks and meals for children through CACFP Outside School Hours (this is similar to the At-Risk Afterschool Meals Program).

ELIGIBILITY AND MEAL REQUIREMENTS FOR OUTSIDE SCHOOL HOURS CARE COMPONENT

The Outside School Hours Care Component of CACFP provides meals for children ages 3 through 12, migrant workers' children up to age 15, and disabled individuals of any age. Disabled participants must be enrolled in an organization primarily serving people ages 18 or younger and meet the State's definition of disabled.

Eligible programs can offer care before school, after school, including summer break. This program is eligible for year-round operation, except for Weekend Only programs, which are not allowed to participate.

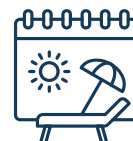
**food can
be served**



before school



after school



holidays/vacations

MEAL REQUIREMENTS FOR OUTSIDE SCHOOL HOURS PROGRAM

All meals and snacks served in the Outside School Hours Care Component of CACFP must meet the CACFP Meal Pattern for Children requirements. If the program is operated by an NSLP-participating school, the same menu planning as NSLP can be used.

CACFP reimburses for **up to 2 meals and 1 snack per eligible child daily**. On school days, eligible programs can serve breakfast, snack, and dinner. On non-school days, lunch can be served as one of their meals.

up to



2 meals

AND



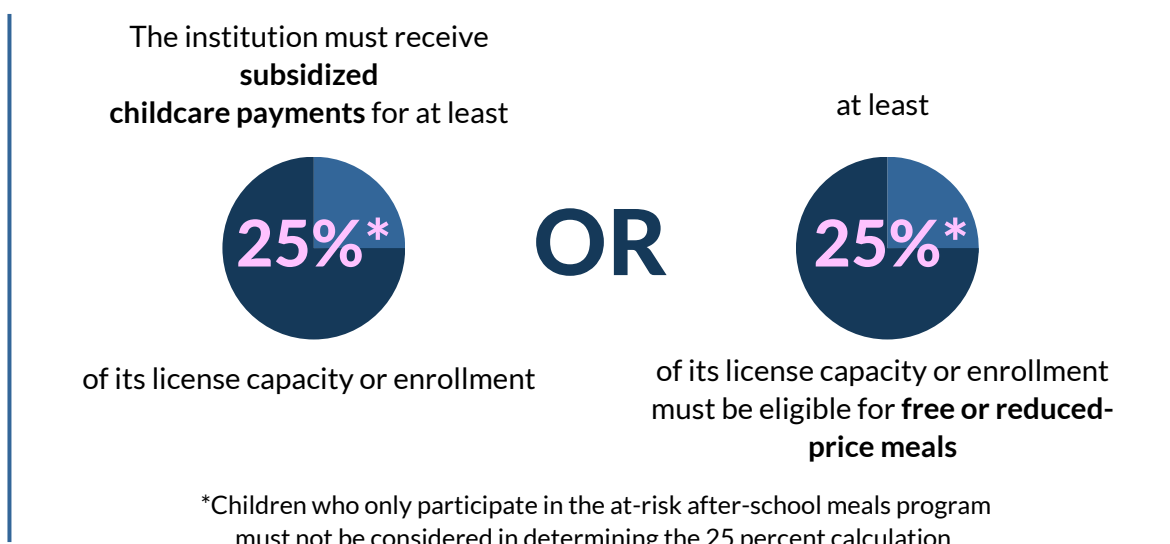
1 snack

daily



ELIGIBILITY REQUIREMENTS

Outside School Hours Programs may be operated by a **Public Entity**, **Nonprofit Institution**, or a **For-profit Child Care Institution**. To be eligible, the program's main purpose must be to provide care and supervision of children. To qualify:



An Outside School Hours Program must be **licensed**, or **license exempt**. Facilities operated by a public-school district, in a public-school building, are automatically exempt when children are three years of age and older.

Programs which are organized solely to support organized extracurricular school activities that are restricted to children with special skills or interests (such as a varsity sports team) are not eligible for this program. Regulations do not prohibit CCFP participation by a program/school which provides scholastic, cultural, or athletic activities when **all children attending the school can participate in the activities**.

SPONSORSHIP BY ANOTHER INSTITUTION

If you wish to operate your own program, you may apply as a new institution and administer your own program. Reimbursement will come directly to your institution.

You may also apply as a facility under the sponsorship of another organization. If you want your facility to be managed by a sponsoring organization, you may contact an **Unaffiliated Sponsoring Organization** and request to be added as a facility under their sponsorship. These organizations are permitted by ISBE to charge your facility an administrative fee (a percentage of your reimbursement) for these CACFP services. You still receive reimbursement directly, but at a reduced amount, as a percentage of your reimbursement would go to your sponsoring organization to cover this administrative fee.



ASSOCIATION FOR CHILD DEVELOPMENT - (800) 284-5273



DAY CARE RESOURCES - (800) 238-0555



HEALTHY START - (773) 684-6110



If you have an afterschool program that operates in **northern Illinois**, you may also contact one of the three **Unaffiliated Sponsoring Organizations** listed below and request to be added as a facility. The sponsoring organizations below deliver meals and/or snacks to your facility **at no charge**. Your facility does not receive reimbursement, and instead the reimbursement goes directly to the sponsoring organization as they prepare and deliver the meals/snacks.



CATHOLIC CHARITIES - (773) 729-3860 OR (312) 655-7330



GREATER CHICAGO FOOD DEPOSITORY - (773) 247-3663



NORTHERN ILLINOIS FOOD BANK - (630) 443-6910



PROGRAM APPLICATION PROCEDURE

FOR PARTICIPATION IN THE THE OUTSIDE SCHOOL HOURS CARE COMPONENT OF CACFP

To participate in a Child and Adult Care Food Program, new institutions must complete the **Grant Accountability and Transparency Act (GATA)** registration process, and **be qualified to do business with the State of Illinois**. Institutions may apply to participate in the CACFP program at any time during the year. To apply, new institutions must mail, fax, or email the following completed documents to the Illinois State Board of Education.

THE APPLICATION MUST CONTAIN THE FOLLOWING:

- Viability, Capability and Accountability Profile
- Site Application
- CACFP Annual Budget Summary and Worksheets
- IRS W-9 Request for Taxpayer Identification Number and Certification
- Notification Letters to Grassroots Organizations
- Documentation for For-Profit Eligibility
- Verification Document for At-Risk After School Sites
- Vended Meals
- Other Forms (if necessary)



Full information can be found at
<https://www.isbe.net/Pages/Nutrition-and-Wellness-Child-Care-Institutions.aspx>.

PROGRAM APPLICATION PROCEDURE

FOR PARTICIPATION IN THE THE OUTSIDE SCHOOL HOURS CARE COMPONENT OF CACFP

All potential new institutions must establish acceptable CACFP procedures before participating in the Program which includes:



DEVELOP
WRITTEN
MENUS



DISTRIBUTE
HOUSEHOLD ELIGIBILITY
APPLICATIONS



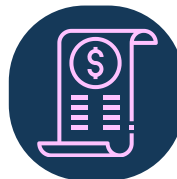
DISTRIBUTE CACFP
ANNUAL
ENROLLMENT FORM



COMPLETE MEAL
PARTICIPATION
RECORDS



UNDERSTAND
CLAIM FOR
REIMBURSEMENT



DEVELOP PLAN FOR
MONTHLY
CACFP EXPENSES



TRAIN STAFF
ON CACFP
REQUIREMENTS

*For multi-site sponsoring organizations, organizations must follow the Fact Sheet-Responsibilities for Sponsoring Organizations as seen at https://www.isbe.net/Documents/multi-site_factsheet.pdf.

Following the submission of the organization's application, the application will be reviewed by the Illinois State Board of Education. ISBE will then send the **Pre-Operational Visit Request Form** to the organization. Once that form is returned to ISBE, ISBE will schedule a **Pre-Operational Visit**.



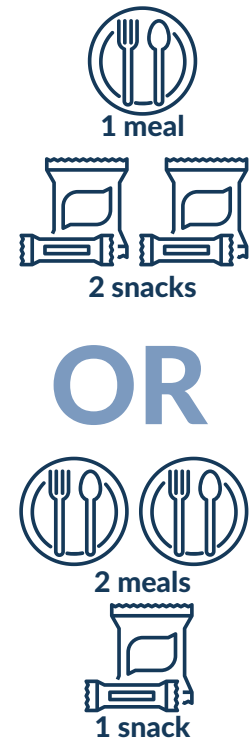
Once ISBE states the organization is eligible for access, the organization will access and establish an **IWAS account** in the **Web-Based Illinois Nutrition System (WINS)**.

REIMBURSEMENT RATES

Outside School Hours Programs can receive reimbursement for **up to three meal services per child per day**. They can offer either two meals and one snack or one meal and two snacks. Note that lunch is only reimbursable when school is not in session.

The reimbursement rate for each meal or snack depends on the child's household income and the number of meals and snacks served. Rates for "free," "reduced price," or "paid" meals are provided by the USDA (see Tables 1 and 2 on pages 18 and 19).

If your institution is approved to participate directly (not under a sponsor), you'll receive a monthly reimbursement check by submitting a monthly claim.



ADDITIONAL RESOURCES FOR THE CACFP OUTSIDE SCHOOL HOURS PROGRAM



- **Child and Adult Care Food Program Outside School Hours Programs Fact Sheet**
 - https://www.isbe.net/Documents/outside_school_hours_fs.pdf
- **Child and Adult Care Food Program Forms and Documents**
 - <https://www.isbe.net/Pages/Child-Adult-Care-Food-Program-Documents.aspx>
- **Child Nutrition Programs: Income Eligibility Guidelines (2023-2024)**
 - <https://www.fns.usda.gov/cn/fr-020923>



CACFP AT-RISK AFTERSCHOOL COMPONENT



The Child and Adult Care Food Program (CACFP) is a federal program that provides reimbursements for meals and snacks provided to children at participating care centers. CACFP, through the At-Risk Afterschool Component, also "provides reimbursements for meals served to **children and youth participating in afterschool care programs [and] children residing in emergency shelters.**" (USDA Child and Adult Care Food Program).

WHAT PROGRAMS QUALIFY FOR CACFP AT-RISK AFTERSCHOOL COMPONENT

QUALIFYING LOCATIONS

Eligible public or private nonprofit child care centers, outside-school-hours care centers, Head Start programs, and other institutions which are licensed or approved to provide day care services may participate in CACFP. These sites may administer CACFP independently or as sponsored centers.

Eligible programs/sites for the Child and Adult Care Food Program At-Risk Afterschool Component must:



Operate after school, on weekends, and/or holidays



Meet State or local care licensing requirements



Provide regularly scheduled, organized activities that are educational or enriching



If exempt from licensing requirements, programs must (at minimum) meet local health and safety standards



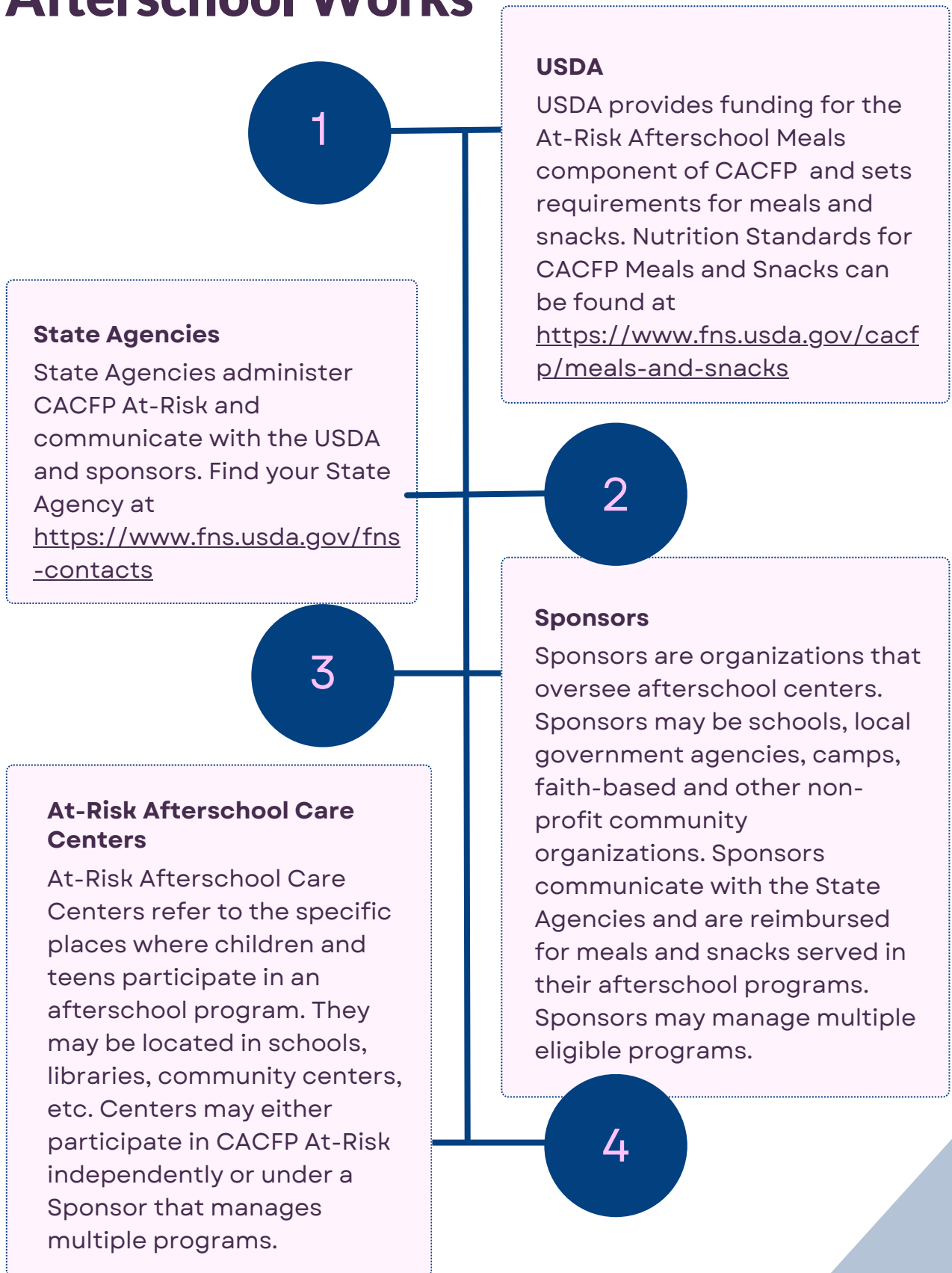
Be located in a school attendance area where at least 50% of enrolled children are certified eligible for free or reduced-price school meals



Children who are eligible for the Child and Adult Care Food Program At-Risk Afterschool Component must be **18 years old or younger** at the start of the school year.

The At-Risk Afterschool Component of CACFP provides **up to 1 snack and 1 meal per eligible child, per day**.

How CACFP At-Risk Afterschool Works



PROGRAM APPLICATION PROCEDURE

FOR PARTICIPATION IN THE AT-RISK AFTERSCHOOL MEALS COMPONENT OF CACFP

To participate in CACFP At-Risk Afterschool meals program, organizations must submit a **written or electronic application to their State Agency**. The state agency will then perform a pre-approval visit of private nonprofit and for-profit institutions to confirm materials in the application are accurate and the site will be able to adequately provide CACFP.

THE APPLICATION MUST CONTAIN THE FOLLOWING:

- Documentation to confirm sites are in eligible areas
- Media Release
- Non-discrimination statement
- Management plan
- Documentation to confirm they meet State/local licensure requirements/health and safety requirements
- Private nonprofit institutions must provide documentation of tax-exempt status
- Preference for USDA Foods/cash in lieu of USDA Foods
- Documentation to confirm the site provides benefits to unserved facilities or participants
- If they have been deemed ineligible for other publicly funded programs
- Information on criminal convictions, specifically convictions related to lack of business integrity in the past 7 years
- Certification of Truth in Application and Submission of Names and Address
- An outside employment policy to restrict other employment by employees that interferes with an employee's performance of Program duties and responsibilities
- Bond, if required by State law, regulation, or policy
- Compliance with Performance Standards



PROGRAM APPLICATION PROCEDURE

FOR PARTICIPATION IN THE AT-RISK AFTERSCHOOL MEALS COMPONENT OF CACFP

To participate in CACFP At-Risk Afterschool meals program, organizations must demonstrate that they are able to comply with the following performance standards:



FINANCIAL VIABILITY AND MANAGEMENT

- Must provide documentation that benefits will be delivered to eligible participants
- Must demonstrate that the Program has the fiscal capacity to operate the Program on a continued basis
- All costs within the organizations must be documented and be reasonable and necessary

- Sponsors must employ enough staff to meet the monitoring requirements (one full-time staff person for each 25-150 centers it sponsors) and comply with civil rights requirements



ADMINISTRATIVE CAPABILITY



PROGRAM ACCOUNTABILITY

- Systems must be established and documented to ensure fiscal integrity and safeguard against improper financial activity
- System must also be established to ensure that administrative costs funded from the Program do not exceed 15 percent of estimated or actual meal reimbursements

- Providing meals that meet meal pattern requirements
- Compliance with any licensing and health and safety requirements
- Food Service which complies with applicable State and local health and sanitation requirements
- Compliance with civil rights requirements
- Maintaining complete and appropriate records on file
- Claiming reimbursement only for eligible meals.

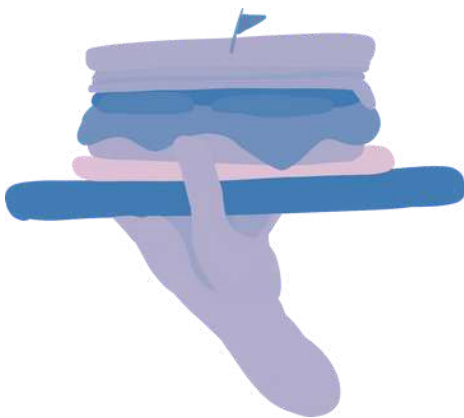
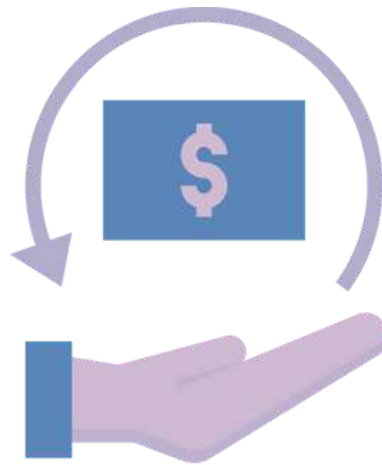


DOCUMENTATION AND PRACTICES

PROGRAM APPLICATION PROCEDURE

FOR PARTICIPATION IN THE AT-RISK AFTERSCHOOL MEALS COMPONENT OF CACFP

State Agencies review the application to determine if an At-Risk Afterschool Program qualifies for the At-Risk Afterschool Meals program. If approved, the organization and State Agency will establish a **permanent agreement** as long as the program follows all requirements.



After the permanent agreement is in place, reimbursements for meals and snacks served to eligible children are available. These reimbursements are funded by the USDA and can be paid **directly to independent centers or through sponsoring organizations.**



HOW REIMBURSEMENT IS PROVIDED

Reimbursements for meals and snacks in the At-Risk Afterschool Component are based on the number of meals served to children multiplied by the free rate. All snacks and meals provided within this program must be given **free of charge** to youth.

To receive reimbursement, sponsors and independent centers must submit **monthly claims** to their State agency. Sponsors check each facility's meal claim for accuracy and provide reimbursement.

**claims should
be submitted**



ADDITIONAL RESOURCES FOR THE CACFP AT-RISK AFTERSCHOOL COMPONENT

- **USDA Child and Adult Care Food Program**
 - <https://www.fns.usda.gov/cacfp>
- **At-Risk Fact Sheet**
 - <https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/AtRisk/AtRiskFactSheet.pdf>
- **Nutrition Standards for CACFP Meals and Snacks**
 - <https://www.fns.usda.gov/cacfp/meals-and-snacks>

HOW REIMBURSEMENT IS PROVIDED

TEMPORARY REIMBURSEMENT PAYMENT CHART Child and Adult Care Food Program (CACFP)

Per Meal Rates in USD

Centers

	Breakfast	Lunch/Supper	Supplement
Paid	0.45	0.47	0.19
Reduced Price	1.91	3.63	0.64
Free	2.21	4.03	1.18

Administrative Reimbursement Rates for Sponsoring Organizations of Day Care Homes

Per Home/Per Month Rates in USD

Initial 150	137.00
Next 150	104.00
Next 800	81.00
Additional	72.00

Day Care Homes

	Breakfast	Lunch/Supper	Supplement
Tier I	1.66	3.04	0.97
Tier II	1.66	3.04	0.97

BASE PAYMENT CHART

Child and Adult Care Food Program (CACFP)

Per Meal Rates in USD

Centers

	Breakfast	Lunch/Supper	Supplement
Paid	0.35	0.37	0.09
Reduced Price	1.81	3.53	0.54
Free	2.11	3.93	1.08

Administrative Reimbursement Rates for Sponsoring Organizations of Day Care Homes

Per Home/Per Month Rates in USD

Initial 150	137.00
Next 150	104.00
Next 800	81.00
Additional	72.00

Day Care Homes

	Breakfast	Lunch/Supper	Supplement
Tier I	1.56	2.94	0.87
Tier II	0.56	1.78	0.24

Source: Food and Nutrition Service, Agriculture (USDA)



AFTERSCHOOL CARE SNACK SERVICE THROUGH THE NATIONAL SCHOOL LUNCH PROGRAM (NSLP)



The NSLP Afterschool Snack Service provides reimbursement for **one afterschool snack per child on school days**. Reimbursement is dependent on either area eligibility or child's household income level. In order to participate in the Afterschool Snack Service, the organization **must participate in the NSLP lunch component** and provide an approved afterschool program.

WHAT PROGRAMS QUALIFY FOR THE AFTERSCHOOL CARE SNACK SERVICE THROUGH NSLP

QUALIFYING LOCATIONS

To be eligible for the NSLP Afterschool Snack Service, the school district or school food authority (SFA) must participate in the NSLP lunch component and operate an approved afterschool care program. The afterschool care program must primarily provide care for children after school, have structured and supervised activities, and include education or enrichment activities.

Afterschool care program sites are area eligible if they are located at schools where at least 50 percent of the enrolled children are eligible for free or reduced-price meals. Non-area eligible sites must document the eligibility status of participating children.

Snacks can only be provided after the school day has ended or during 'expanded learning time' as defined by the USDA. Snacks cannot be reimbursed for programs operated before or during the child's school day. Only regular school days are eligible for this reimbursement, and **afterschool programs on weekends or breaks are not eligible.**

Children 18 years old or younger at the beginning of the school year are eligible to participate in this program.

**must be a
participant in
the**

**NSLP
LUNCH
COMPONENT**

**to be eligible
for the NSLP
Snack Service**



PROGRAM APPLICATION AND ADMINISTRATION

FOR PARTICIPATION IN THE AFTERSCHOOL CARE SNACK SERVICE THROUGH NSLP

To apply for the Afterschool Care Snack Service in Illinois, **fill out and submit the New Applicant Form** to the Illinois State Board of Education. Once approved, you can access the necessary forms for the programs you want to participate in. New applications are accepted anytime and remain valid until September 30th each year.



During the program, **keep a roster or sign-in sheet** for the children involved. Record and report the number of snacks served daily based on eligibility (free, reduced-price, or paid), unless the program is area eligible. Ensure that the snacks served meet the USDA nutritional requirements for the program.



Access the New Applicant Form at this link: https://www.isbe.net/Documents/55-55_new_applicant_form.pdf.





AREA-ELIGIBLE SNACKS THROUGH THE NATIONAL SCHOOL LUNCH PROGRAM (NSLP)

The Area-Eligible Snacks through the National School Lunch Program (NSLP) is a **subsection of the Afterschool Care Snack Service through NSLP**. This program is essentially the same as the general Afterschool Care Snack Service, however it has slightly different eligibility requirements, which results in slightly different reimbursement rates for snacks. The Area-Eligible Snacks through the NSLP must also be administered by SFAs that serve lunches through the NSLP during the school day and may only operate after school on school days, including summer school, but **does not operate on breaks or weekends**.

INFORMATION REGARDING NSLP'S AREA-ELIGIBLE SNACKS

AREA-ELIGIBLE SNACKS

To be eligible for Area-Eligible Snacks through the NSLP, a site or organization must meet the requirements for Afterschool Care Snack Service and also be located in an area where **50% or more** of participating children qualify for free or reduced-price meals. For afterschool programs outside of schools, this means being close to an elementary, middle, or high school with at least half of its students eligible for free or reduced-price meals. No individual enrollment or eligibility documentation is needed for the children in this program.

Snacks can only be provided after the school day has ended or during "expanded learning time" as defined by the USDA. The program reimburses organizations for a single two-component snack per child per day, and **meals are not covered**. Children served must be under 18 years old, and individuals with disabilities of any age are also eligible.

**must be
located at**



or close to



**an area-
eligible
school**



PROGRAM ELIGIBILITY FOR NSLP'S AFTERSCHOOL SNACKS

DETERMINING ELIGIBILITY

Several resources can help determine if your afterschool program is in an area eligible location:

No Kid Hungry's Averaged
Area Eligibility map



USDA's policy guidance on
Area Eligibility in the Child
Nutrition Programs

USDA's Area Eligibility
mapping tool



Contacting your State
Agency

EXPANDED LEARNING TIME

Snacks must be provided **after the regular school day ends**, unless the school operates longer than usual. To be eligible for the expanded learning time snack, the school must have a school day that is at least one hour longer than the required minimum hours for the grade level, participate in the NSLP, and offer a snack after lunch.

**school must
operate at
least**



**hour longer
than grade
level minimum**



INFORMATION FOR PROGRAMS PARTICIPATING IN NSLP'S AFTERSCHOOL SNACKS

RECORD KEEPING

To participate in NSLP's Afterschool Snacks program, SFAs must maintain records for **at least three prior years**, plus the current year, or longer if a review remains open. The records include:

Proof that the site is in an area served by a school with at least 50 percent of students eligible for free or reduced-price meals, if all snacks are claimed free

Meal counts for area eligible sites, and/or by category for non-area eligible sites

Production records

Daily attendance records for individual children

Documentation (household applications, Direct Certification, or categorical eligibility) of free and reduced-price eligibility for children receiving free or reduced-price snacks for all other sites



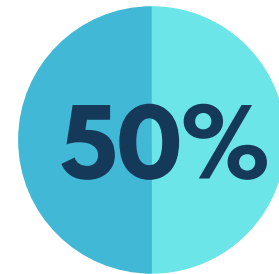
HOW REIMBURSEMENT IS PROVIDED FOR ALL AFTERSCHOOL CARE SNACK SERVICE THROUGH NSLP

Area Eligibility Sites: Snacks are claimed at the free rate at sites where at least 50 percent of enrolled children are eligible for free and reduced-price meals. All children are served free **regardless of individual eligibility**. Claim snacks on line 14 of the Claim for Reimbursement.

Non-area Eligibility Sites: Snacks are claimed based on income category (free, reduced price, paid) at sites without at least 50 percent eligibility. Use lines 15, 16, or 17 of the Claim for Reimbursement.

AREA ELIGIBILITY:


At least



of enrolled children eligible for free and reduced-price meals

ADDITIONAL RESOURCES FOR THE NSLP AFTERSCHOOL CARE SNACK PROGRAM

- **Afterschool Care Snack Service National School Lunch Program Fact Sheet**
 - https://www.isbe.net/Documents/afterschool_fact_sheet.pdf
- **NSLP Afterschool Snack Service - FAQs**
 - <https://www.fns.usda.gov/cn/afterschool-snacks-faqs>



SUMMER PROGRAMS

CHILD NUTRITION IN
SUMMER LEARNING

SUMMER FOOD SERVICE PROGRAM



The Summer Food Service Program (SFSP) was established by the USDA in order to ensure that children in **low-income households** are able to receive meals even when school is not in session. “The SFSP operates during school vacations, primarily in the summer months – from May through September. It may also provide meals during vacation breaks in schools that are operated on a year-round basis or a continuous school calendar, or during emergency school closures from October through April” (Administration Guide Summer Food Service Program). In Illinois, this program is **administered by ISBE**.

WHAT PROGRAMS QUALIFY FOR THE SUMMER FOOD SERVICE PROGRAM

QUALIFYING LOCATIONS

Children under 18 or persons with disabilities of any age are eligible for SFSP sites - made up of **open sites**, **closed enrolled sites**, and **camps**.



OPEN SITES refer to an area with **greater than or equal to 50%** of participating children eligible for free and reduced-price meals and meals are made available to all children.

CLOSED ENROLLED SITES are established where a group of youth are identified to be living in a “pocket of poverty.” **Identified low-income children** are brought to a congregate meal site which would have less than 50% of children eligible for free and reduced-price meals or a program that provides recreational, cultural, religious, or other types of organized activities for a specific group of children. These sites are only open to enrolled children of an identified group of children.



CAMPS refer to residential or nonresidential day camps which offer regularly scheduled food service for enrolled children. Camps **do not need area eligibility**, but do need to track individual eligibility of each participating youth. The camp will only be reimbursed for children who qualify for free or reduced price meals.



ADMINISTRATIVE RESOURCE GUIDE FOR THE SUMMER FOOD SERVICE PROGRAM

The USDA has published a full administrative resource guide for the Summer Food Service Program. This guide includes information on:

- Program Eligibility
- Sponsor and Site Identification
- Sponsors Application
- Meal Requirements
- Vending Options
- Procurement and Bid Procedures
- Staff Duties and Training
- Program Integrity
- Program Costs
- Reimbursements
- Recordkeeping
- Program Basics
- Applications and Planning
- Managing the Meal Service
- Cost Accounting
- Procurement
- Program Information

ADDITIONAL RESOURCES FOR THE NSLP AFTERSCHOOL CARE SNACK PROGRAM

- **Administration Guide Summer Food Service Program**
 - https://fns-prod.azureedge.us/sites/default/files/sfsp/SFSP_Admin_Guide_Sept2016.pdf
- **Summer Food Service Program USDA Website**
 - <https://www.fns.usda.gov/sfsp/summer-food-service-program>



SEAMLESS SUMMER OPTION

The Seamless Summer Option is designed to be a streamlined process for programs to continue providing meals and snacks to children during times when school is not in session. School food authorities (SFAs) **participating in the NSLP or School Breakfast Program** are eligible to apply for this program. The Seamless Summer Option utilizes the same meal service rules and claiming procedures that would be utilized during the regular school day.

WHAT PROGRAMS QUALIFY FOR THE SEAMLESS SUMMER OPTION

QUALIFYING LOCATIONS

The types of sites allowed to participate in this option by the USDA include:



OPEN SITES: "all children eat free in communities where **at least 50%** of the children are eligible for free/reduced price school meals"



RESTRICTED OPEN SITES: "sites that meet the open site criteria, explained above, but are **later restricted** for safety, control, or security reasons"



CLOSED ENROLLED SITES: "may be in any community for an enrolled group of low-income children and meets the 50% criteria explained above. This excludes academic summer schools"

MIGRANT SITES:

"serving children of **migrant** families"

CAMPS:

"residential or non-residential **camps**"

This program runs from May to September in regular school areas and may run from October to April during unexpected school closures. It can also be used during vacations of 10 or more days for schools with continuous year models.

Eligible youth include **high school students and younger**, including those in programs for disabled students. Individuals under 21 in residential child care institutions may also qualify.

**eligible for
vacations of**



**days
or more**



MEALS AND REIMBURSEMENT FOR THE SEAMLESS SUMMER OPTION

The Seamless Summer Option offers up to 2 meals per day for most sites and up to 3 meals for eligible migrant sites and camps. Meals can include breakfast, lunch, supper, or a snack. Eligible sites include **schools, camps, churches, community centers, and more**, where children gather.

Meals are provided **free of charge** to youth and reimbursed at the same applicable NSLP/SBP rates for the school year beginning July 1st of the prior year. Note: lunch and supper cannot be reimbursed for the same day by the same site unless it is an eligible migrant site or camp.

up to



**2 meals/day
for most sites**



**3 meals/day
for migrant
sites/camps**

ADDITIONAL RESOURCES FOR THE SEAMLESS SUMMER OPTION

- **USDA- An Opportunity for Schools**
 - <https://www.fns.usda.gov/cn/opportunity-schools>
- **Comparison of Programs SFSP/NSLP/Seamless Option**
 - https://fns-prod.azureedge.us/sites/default/files/SFSP_SeamlessComparisonChart.pdf

The background of the cover is a close-up photograph of green leaves, likely basil, which are slightly out of focus. A diagonal white line runs from the top-left corner towards the bottom-right corner, dividing the cover into two main sections. The upper-left section is white, and the lower-right section is a solid light blue-grey color. The text is positioned in the white section.

SNAP-ED

**IN THE OUT-OF-SCHOOL
TIME SPACE**



THE SUPPLEMENTAL NUTRITION EDUCATION PROGRAM



WHAT IS SNAP-ED AND HOW DOES IT DIFFER FROM SNAP?

The Supplemental Nutrition Assistance Program (SNAP) is a federally-funded, **public assistance program** in the United States. This program provides benefits to eligible individuals and households in order to supplement their budget so that they may purchase food.

SNAP-Ed is a federal **nutrition education program** funded by the U.S. Department of Agriculture (USDA) and administered by state agencies. Its primary focus is to provide evidence-based nutrition education and promote healthy eating habits among individuals and families who are eligible for or receiving Supplemental Nutrition Assistance Program (SNAP) benefits. The Illinois SNAP-Ed priorities are to:



Improve healthy eating and physical activity choices of limited-resource Illinois families to reduce the risk of chronic diseases



Increase access to healthy foods for Illinois families to reduce food insecurity



Create community collaborations and partnerships focused on obesity prevention

The University of Illinois is able to partner with organizations throughout the state in order to implement specific programs and educational resources in order to combat food insecurity and promote healthy living.

WHAT PROGRAMS QUALIFY FOR SNAP-ED

QUALIFYING LOCATIONS

AS DEFINED BY THE USDA FOOD AND NUTRITION SERVICE

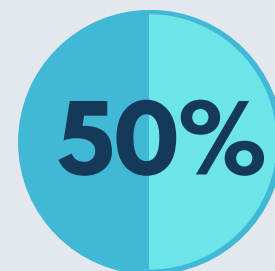
SNAP-Ed in Illinois, overseen by the University of Illinois, targets **low-income individuals and programs**. To qualify, at least 50% of individuals served must be from households with income at or below 185% of the poverty threshold.

For example, this includes residents, schools, or childcare centers in areas where at least 50% of children would be eligible for free and reduced-priced meals.

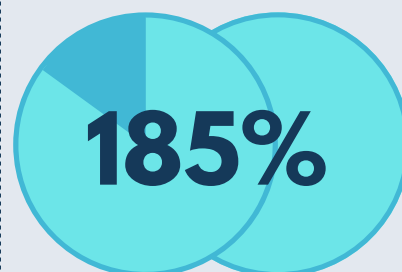
For more information, visit:

<https://snaped.fns.usda.gov/program-administration/snap-ed-plan-guidance-and-templates>

At least



of individuals
below



of the poverty
threshold

Timeline



Timeline Dates Based upon information from FY
2023 Supplemental Nutrition Assistance
Program Education Plan Guidance



HOW SNAP-ED CAN BE USED IN OST SPACES: SUCCESS STORIES

PARTNERING WITH COMMUNITY HUBS TO DELIVER SNAP-ED PROGRAMMING IN MAINE

In 2021, Maine SNAP-Ed partnered with libraries across the state in order to provide SNAP-Ed programming, nutrition education, and food to community members. In the summer of 2021, **1,065 pounds of produce** were distributed through the Rockland Library through their partnership with the SNAP-Ed program. The SNAP-Ed partners also provided a nutrition education series through three libraries, created educational materials, and participated in a national SNAP-Ed workgroup.



KENTUCKY SNAP-ED HELPS WITH SHEPHERD'S SHELTER VICTORY GARDEN

In 2020, the SNAP-Ed Nutrition Program at Kentucky State University partnered with the Shepherd Shelter Treatment Center in Mount Sterling, Kentucky to help them **implement a garden** to help provide food during the COVID-19 pandemic. The SNAP-Ed program also provided "Healthy Choices for Every Body" classes in order to provide direct education on nutrition.





RELEVANT LEGISLATION

RELEVANT LEGISLATION

THESE EXISTING POLICIES ARE CRITICAL FOR UNDERSTANDING THE NATIONAL LANDSCAPE OF AFTERSCHOOL FOOD FOR YOUTH ACROSS THE COUNTRY.

Richard B. Russell National School Lunch Act

The National School Lunch Act, also known as the Richard B. Russell National School Lunch Act, is the original legislation that established the National School Lunch Program (NSLP) in 1946.

Healthy, Hunger-Free Kids Act of 2010

The Healthy, Hunger-Free Kids Act (HHFKA) is a landmark legislation that improved child nutrition programs by setting higher nutrition standards for school meals, increasing funding, expanding access to free and reduced-price meals, and enhancing food quality for children.

Farm Bill

The Farm Bill is comprehensive legislation covering agriculture, nutrition, and food assistance. It includes funding and policy changes for nutrition programs like SNAP (Supplemental Nutrition Assistance Program).



Supplemental Nutrition Assistance Program Education (SNAP-Ed)

SNAP-Ed is funded through the Farm Bill and other federal appropriations, supporting nutrition education and obesity prevention for SNAP-eligible individuals and families.

Child Nutrition and Women, Infants, and Children (WIC) Reauthorization Act

The Child Nutrition and WIC Reauthorization Act is periodically reauthorized to set the policies and funding levels for child nutrition programs, including the National School Lunch Program (NSLP), School Breakfast Program (SBP), Summer Food Service Program (SFSP), and the Child and Adult Care Food Program (CACFP).

RELEVANT LEGISLATION

THESE PROPOSED POLICIES IMPROVE AND EXPAND BENEFITS TO COMBAT FOOD INSECURITY. BE SURE TO WATCH FOR UPDATES IN REGARDS TO THESE POLICIES.

Closing the Meal Gap Act

The Closing the Meal Gap Act would use the more sufficient Low-Cost Food Plan to calculate SNAP benefits increasing the baseline benefits provided by SNAP.

Improving Access to Nutrition Act

The Improving Access to Nutrition Act would repeal the particular work requirement that disqualifies able-bodied adults for eligibility to participate in the supplemental nutrition assistance program. The bill would help people struggling with unemployment or underemployment by increasing access to food benefits and promoting racial and health equity.

LIFT the BAR Act

The LIFT the BAR Act would eliminate the five-year waiting period for SNAP benefits for qualified immigrants.

Making Essentials Available and Lawful Act

The Making Essentials Available and Lawful Act would repeal a lifetime ban that prevents individuals who were convicted of specific offenses from receiving SNAP benefits or TANF assistance.



ASSET Act

The ASSET Act would ensure “states may not use asset or resource limits to determine eligibility for (1) programs funded by Temporary Assistance for Needy Families grants, (2) the Supplemental Nutrition Assistance Program, or (3) the Low-Income Home Energy Assistance Program. In addition, an individual may have up to \$10,000 in certain resources (or up to \$20,000 for a couple) and qualify for SSI. Under current law, the limit is \$2,000 for an individual (or \$3,000 for a couple)”.

RESOURCES TO KNOW

USDA Food and Nutrition Service (FNS): The USDA FNS oversees federal nutrition assistance programs, including the National School Lunch Program, Summer Food Service Program, Child and Adult Care Food Program, and SNAP-Ed. Their website provides program information, guidelines, resources, and updates.

No Kid Hungry: No Kid Hungry is a national campaign dedicated to ending childhood hunger in America. Their website offers resources, information on federal nutrition programs, and ways to get involved in the fight against hunger.

Food Research & Action Center (FRAC): FRAC is a leading national organization working to eradicate hunger and improve nutrition. They conduct research, advocate for policy changes, and provide resources related to hunger and nutrition programs.

Feeding America: Feeding America is a nationwide network of food banks and hunger-relief organizations. Their website provides information on food insecurity, programs, and ways to get involved in hunger relief efforts.

The Child Nutrition Database: The Child Nutrition Database is provided by the USDA's Food and Nutrition Information Center (FNIC). It offers nutrition data and information related to child nutrition programs.

Healthy, Hunger-Free Kids Act of 2010: This link provides the full text of the Healthy, Hunger-Free Kids Act of 2010, which made significant changes to child nutrition programs.

Supplemental Nutrition Assistance Program (SNAP): This page on the USDA FNS website provides information about SNAP, including eligibility criteria and how to apply.

REFERENCES AND ADDITIONAL RESOURCES

- **Child Nutrition Programs: Income Eligibility Guidelines (2023-2024)**
 - <https://www.fns.usda.gov/cn/fr-020923>
- **Child and Adult Care Food Program**
 - <https://www.fns.usda.gov/cacfp>
- **How to Participate in the At-Risk Afterschool Meals Component of CACFP**
 - <https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/AtRisk/AtRiskFactSheet.pdf>
- **At-Risk Afterschool Meals A Child and Adult Care Food Program Guide**
 - <https://fns-prod.azureedge.us/sites/default/files/resource-files/atriskguide2016.pdf>
- **Health and Safety Standards for Outside-School-Hours Care Centers and At-Risk Afterschool Care Centers**
 - <https://www.fns.usda.gov/cacfp/health-and-safety-standards-outside-school-hours-care-centers-and-risk-afterschool-care-centers>
- **New Institution Application Checklist Child and Adult Care Food Program (CACFP)**
 - https://www.isbe.net/Documents/cacfp_new_inst_chklst.pdf
- **ISBE Child Care Institutions**
 - <https://www.isbe.net/Pages/Nutrition-and-Wellness-Child-Care-Institutions.aspx>
- **ISBE School Nutrition Programs**
 - <https://www.isbe.net/Pages/School-Nutrition-Programs.aspx>
- **The School-Base Afterschool Snack Program**
 - <https://fns-prod.azureedge.us/sites/default/files/AfterschoolFactSheet.pdf>
- **Illinois State SNAP-Ed Program**
 - <https://snaped.fns.usda.gov/state-snap-ed-programs/illinois>

REFERENCES AND ADDITIONAL RESOURCES

- **ISBE Child Nutrition Programs**
 - <https://www.isbe.net/Pages/Child-Nutrition-Programs.aspx>
- **Understanding Afterschool Snacks and Meals**
 - https://bestpractices.nokidhungry.org/sites/default/files/2021-07/NSLP%20Snack-CACFP%20Meals%20Comparison_06-21.pdf
- **Closing the Meal Gap Act**
 - <https://www.congress.gov/bill/117th-congress/house-bill/4077/text>
- **Improving Access to Nutrition Act of 2021**
 - <https://www.congress.gov/bill/117th-congress/house-bill/1753/text>
- **Making Essentials Available and Lawful (MEAL) Act of 2021**
 - <https://www.congress.gov/bill/117th-congress/senate-bill/2667>
- **ASSET Act**
 - <https://www.congress.gov/bill/117th-congress/house-bill/3822>
- **LIFT the BAR Act**
 - <https://www.congress.gov/bill/117th-congress/house-bill/5227/text>
- **Partnering with Community Hubs to Deliver SNAP-Ed Programming in Maine**
 - <https://snaped.fns.usda.gov/success-stories/partnering-community-hubs-deliver-snap-ed-programming-maine>
- **Kentucky SNAP-Ed Helps with Shepherd's Shelter Victory Garden**
 - <https://snaped.fns.usda.gov/success-stories/kentucky-snap-ed-helps-shepherds-shelter-victory-garden>



Afterschool for Children & Teens